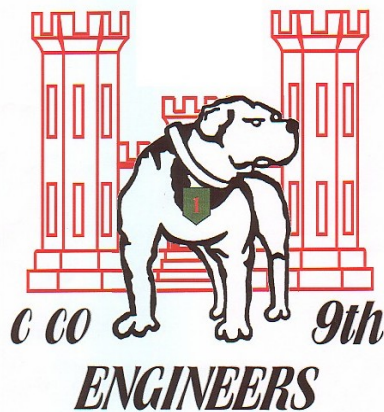


HARD TRAINING, EASY WAR!!



March Newsletter

FRG Leader: Sabine Deans

FRL :Sgt Lain

(09725-709830)

(09721966927)

Assistant: Krissi VanOrder

Advisor: Christin

Titko

(09363-996119)

(09722-

947280)

Points of Contact (POC):

1st Platoon: Natalie Cadena

HQ Platoon: Mar

Clayton

From Sabine: I want to thank all the above for making my job easier. And I would like to thank everybody that supports the Family Readiness Group with attending the FRG.

2nd Platoon: Krissi VanOrder

A&O Platoon:

Stephanie

Please let me know if you or someone you know has not been contacted by a point of contact or the FRG. Otherwise I assume your being contacted.



companies EASTER EGG HUNT

and closer to Easter

more info will be put out at the FRG meeting

Location will be Kessler Field. 1300 weather will dictate what activities will be available

10 April Charlie

Community Easter day: Brunch and egg hunt on Conn / also early chapel service 0700 **need to go to the** **Post Office for** **customs check!**

Mail

need to go to the

Post Office for

customs check!

Correct Addresses for FOB's

A&O and HHC:

Name

C/9th EN BN (FWD)

FOB Remagen

Operation Iraqi Freedom

APO, AE 09392

1st Platoon (1/26) :

Name

TF 1-26 (FWD)

Attn: C/9E Engr PLT

FOB Brassfield-Mora

Operation Iraqi Freedom

APO, AE 09392

2nd Platoon(1/77):

Name

B CO, TF 1-77 AR

(FWD)

ATTN: 2/C/9E ENGR.

PLT

FOB PALIWODA

Operation Iraqi Freedom

APO, AE 09392

Next FRG Meeting:

April 20th

Place: Sturgis room 2nd floor of Battalion **Time:** 1830(6:30pm)

Bring a dish to share and lets have a potluck !!

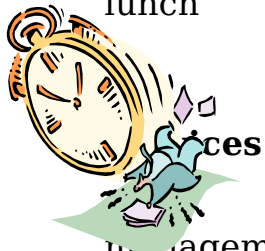


Other Important Information



Health Clinic

Now - Make appointments
for Spring Sports
physicals
- Tobacco cessation
classes -
1st Wednesday of the month,
4 sessions, 11:30-1:00, bring
lunch



Social Work

New Programs:
Time
management,
stress
management,
changing family
roles,
being a temporary single parent,
etc.

Kids Coping Skills Group

ages 8-12 yrs. Every Tuesday,
Yellow Ribbon Room 3-4 pm.

**For Details about these
programs contact Susan
Deeman 09721-96-6473.**



Dental Clinic

Pediatric Dentist

close available: Wed 1pm-

Childcare Coordinator

Friday afternoons call 354-

we would arrange for childcare at meetings & other events.
Childcare is paid
from FRG Funds

Treasurer: Keep records of FRG account, turn in Financial
Report each Quarter to FRG Leader

NEW! Special Event Committee:

Help plan and arrange for special events for example Dinners,
BBQ or other events for the spouses to get together.



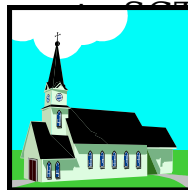
12-16 Apr

up 13 Apr

Spring Clean up

Bulk Trash Pick

Building Coordinators
list is out: direct your questions
to Obee 354-7030



Chaplain

es:

New Community
Chaplain is

LTC Keith Wright

Parenting with love and logic
classes every Wed. 6-8 pm, call
ACS for details

Parenting Workshop 24 April 9-1

at Abrams, lunch and childcare
provided, call 354-6135 to
register

**Call Sabine Deans to
inquire about:**

Getting Involved



Tax

Office Hours: 9-

1-5 Mon - Fri

walk-ins

appts and

welcome

Bldg 30 Conn barracks, 353-4857?

Additional Extension and filing info: Lt Anderson 354-1770,

www.irs.gov

KIDS:

If you want an extension

Child Safety Seat

Inspection: 23 May 10-2,

if you file separately from

SEs Takes 15 min, free

seats spouse you must make the

15 June deadline

If your fails, - Courtesy of SCSC

•Don't leave unattended children in your vehicle 'Arms Length Rule'

•Remember all children under 12 must ride in the back seat



Register to

Information

through unit VAO, BDE VAO:

LT Spahr: 353-8288 or

www.fvap.gov

IACS!!

Provost Marshal Office: make sure your registered!!

IACS Registration; Bldg. 203, Ledward

May 1 Mandatory Deadline is approaching; Be

registered or be ready to start having someone

sign you on post



Walk to Iraq: It

is easier than you might

think Talk to Malia

McReynold's Battalion FRG

Leader about how to log

your miles 354-6300

Some opportunities for mileage:

30 May Memorial Day 10k,

June Normandy Marathon,

3 July volksmarch (part of

4th of July Rodeo activities)

Other



e s:

Ac.

6pm,

Commander's

Forum : 13 April,

Kessler

•Red Cross Volunteer Orientation 13 April, 10am. Wait list for babysitting course

•AAFES Fashion show 3 April, Models wanted

•AAFES Cinco De Myo Celebration: Pinatas, sales and limited number of \$15 bikes.

•Commissary will be open on

10-6 Remember: Do not

leave

your ID card in your

vehicle. The MP's are

looking

in vehicles to make sure

this is

followed



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Congratulations!!! to the Schweinfurt YS Girls Basketball Team who won the IMA-E Championship

1ST PLATOON CORNER

Greetings from 1st Platoon's Corner. Since the guys arrived in Iraq there has been a lot of confusion about their situation there, much of which has been resolved. They are all doing well, however, they don't have all of their equipment with them yet. Their vehicles are still in Kuwait awaiting transport to Samarra. In the meantime, they are pulling 12 hour guard shifts at the front gate of their Forward Operating Base, Brassfield-Mora.

Any day they expect to be completely moved in to their new homes which consist of 3-5 guys to a room. No one is sure just yet how the numbers will work out. They don't have a lot of the comforts enjoyed by the soldiers at other bases, however, they expect to get most everything they need within the next few weeks. They are still eating primarily MRE's and hot t-rations for now, but hope to have the necessary items for the cooks to prepare better meals when their equipment arrives. In the meantime, they have access to such things as fresh fruit, coffee and juice in the dining facility.

There also should be a unit-run PX set up sometime in the future. This is where Aafes provides items to the unit to sell on a credit basis. This will likely consist of a small selection of items the guys need such as toiletry items, tobacco products, some food items and sodas, and maybe magazines and books. We will know more about that in the future. In the meantime, please continue to send your soldier all of the comfort items they want or need and try to send enough so the single soldiers can enjoy some of them as well.

I know most, if not all of you are hearing from your soldier on a regular basis. Their ability to keep in touch is truly a great thing for us here and helps tremendously to comfort us and feel close to them. Please remember however, that conversations you have with your spouse downrange are between you and your spouse. Any information they have may be incomplete or inaccurate. Their ability to get news is poor, so most of what they hear is word of mouth. Rumors here in Schweinfurt have already been a problem for many and we certainly don't want to fuel those whatsoever. In light of the tragedy surrounding a brother unit here in the community, we really need to be careful and compassionate to community family members and this means being careful about what we say and to whom.

If any of you have any information you would like to see added to the newsletter regarding 1st Platoon, please e-mail me at caddees@aol.com or call at 09725-705681. I look forward to seeing you all at the next FRG meeting.

Natalie Cadena

2nd platoon corner

On Friday March 19th Cpt Titko wrote : Just got back from seeing 2d platoon. They are doing well. right now they are on LSA anaconda, but will be moving to FOB Paliwoda here in the near future. they will still be with 1-77. On Anaconda they have all of the trappings of a major military instillation. there is a PX, pool, barber shop, DFAC, etc. the only down side is that LSA Anaconda has about 20,000 people on it. It is HUGE. It even has its own bus system. When they move to Palawada they will have less amenities, but will still be living well. They will have phone, internet, a weight room, flush toilets, showers, and live in the same containers that everyone else will be in. the down side is that they do not have a DFAC and will only get one hot meal a day. They are working to improve that situation there. All in all, it is a good move for the platoon though. they will be close enough to Anaconda that they can get to the PX if they have to.

recently, **SSG Joselito O. Villanueva sent:** The platoon has moved to a new FOB. It's called FOB Paliwoda. The platoon is living in an old Iraqi Barracks for the Al Faydeyeen (the guys in black uniforms). The missions and patrols are 24hrs daily and we react to a lot of things even though we're off from patrol. We're patrolling the city of Balad. We have a lot of work still in building up the barracks, but we'll make it happen.

HHHC A&CO Corner

On 25 March **LTC Shantz sent word** that there was a “fire in the MWR tent, electrical fire from an air conditioner unit. No injuries but we lost all of our computers for the internet and the phone system. No idea at all when the system will be be back on line. This is a pretty big loss so you need to get the word out that FOB Remagen will be in the dark for at least 2 weeks. The ATT phones are still working but you need an ATT card and a lot of folks don't have them...”